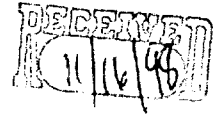


Traditional Medicinals®
FIRST IN MEDICINAL HERB TEAS®

9. November 1998

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, DC 20204

8963 '98 NOV 24 P2:41



To whom it may concern,

Pursuant to 21 CFR 101.93 (a) (2), Traditional Medicinals, Inc., 4515 Ross Road, Sebastopol, California 95472 hereby notifies the FDA that it is making the following statement covered by the referenced regulation for its;

Iron Woman™ Herbal Dietary Supplement containing a proprietary herbal blend of yellow dock root, burdock root, licorice root, nettle leaf, astragalus root, prune fruit and stevia leaf: **"Supports Healthy Blood"**.

The undersigned certifies that the information contained in this notice is complete and accurate and that Traditional Medicinals, Inc. has substantiation that the statement is truthful and not misleading.

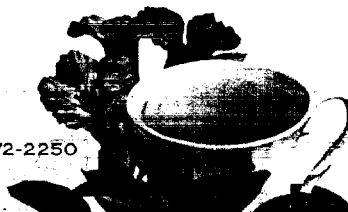
Very truly yours,

Lynda Sadler

President

97S-0162

4515 ROSS RD., SEBASTOPOL, CA 95472-2250



TEL: (707) 823-8911 FAX: (707) 823-1599

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